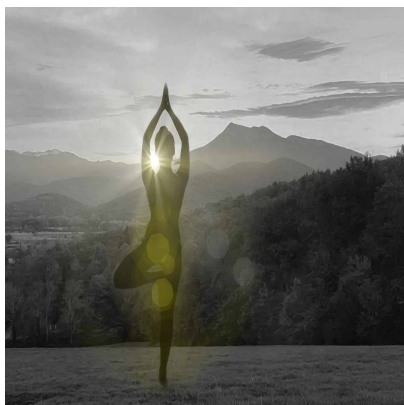




Inner Energies of Human (Universal Yoga and Sounds Experience)



What is the human energy body?

What does it consist of?

Is it possible to influence our energy potential?

What are the techniques of influence?

At the workshop you will get familiar with these and many other questions. Learn how to feel the inner energy. With the help of yoga techniques you will experience how to influence on internal energy.

And Journey to the world of sounds and music as a spiritual instrument.

Tags

1. 2022
2. Cours Yoga

- 3. octobre 2022
- 4. sounds
- 5. Yoga